

# INVERBRACKIE BISTRO

Rob Webster, Senior Vice President (State Branch) opened the newly refurbished Pascoe Vale R.S.L on Sunday 18th June, 2005.

The newly built Bistro was named 'Inverbrackie' by the President of the day, Edward (Ted) Richards JP OAM. Ted served as the R.S.L's President and Welfare Officer from 1999 to 2010.

Ted was a member of the 4<sup>th</sup> Battalion, the Royal Australian Regiment (4RAR). 'Inverbrackie' is the Battalion's Regimental March, which comes from a South Australian town near where the Battalion was first barracked at Woodside Barracks. 'Inverbrackie' quick march was based on three colonial ballads "Botany Bay", "Click Goes the Shears" and "The Drovers Dream". 'Inverbrackie' was also the name of the married quarters at the Woodside Barracks.

## **Brief History of 4RAR**

On the 1<sup>st</sup> February 1964, the Inauguration Parade for the 4<sup>th</sup> Battalion Royal Australian Regiment took place at Woodside Barracks, South Australia.

Two other very significant events took place concurrently. Firstly, on 11<sup>th</sup> April 1965, the Governor-General, Viscount De Lisle VC, PC, GCHG GCVO, presented the Queen's and Regimental colours to the Battalion. Afterward, the Governor-General suggested that to mark his visit the assault pioneers should wear beards, as was the custom in his own regiment, the Grenadier Guards. Subsequently, the 4RAR assault pioneer platoon Sergeant became the only soldier permitted to wear a beard in the Australian Army.

Since that time the Battalion served in Malaya and Borneo during Indonesian confrontation, and two tours of duty in South Vietnam. Also while linked with the 2<sup>nd</sup> Battalion, as 2/4<sup>th</sup> Battalion the Royal Australian Regiment served in Cambodia and Rwanda.

The Battalion was reformed as 4<sup>th</sup> Battalion (Commando) the Royal Australian Regiment following September 11<sup>th</sup>, and is now our front line defence against terrorism. The Battalion most recently served in Timor and Iraq in the second Gulf war.

Furthermore the Battalion played a major role in ensuring security during the 2006 Commonwealth games in Melbourne.

# ENTRÉES

## Soup of the Day

Refer to Specials Board

Visitor **\$7.50** Member **\$6.50**

## Soup & Roll Combo

Visitor **\$8.50** Member **\$8**

## Large Soup & Roll Combo

Visitor **\$10.50** Member **\$10**

## Garlic Bread Focaccia or Herb Focaccia (V)

Visitor **\$8.50** Member **\$8**

## Bruschetta (V)

Toasted Turkish bread topped with tomato, onion, basil and shaved parmesan drizzled with olive oil and balsamic vinegar.

Visitor **\$14** Member **\$13**

## Asian plate (V option)

Selection of mini dim sims, spring rolls and samosas served with sweet chilli sauce.

Visitor **\$11** Member **\$10**

## Seasoned Wedges (V)

Served with sweet chilli sauce and sour cream.

Visitor **\$12** Member **\$11**

## Panko Crumbed Calamari

Served with tartare or sweet chilli sauce.

**Entrée** Visitor **\$14** Member **\$12**

Main served with chips and salad.

**Main** Visitor **\$20.50** Member **\$18.50**

## Tempura Scallops

Served with tartare or sweet chilli sauce.

**Entrée** Visitor **\$14** Member **\$12**

Main served with chips and salad.

**Main** Visitor **\$22** Member **\$20**

# MAINS

## **Whole Baked Potato** *(GF, V option)*

Topped with sour cream, bacon and cheese, served with a side salad or  
Topped with bolognaise sauce and parmesan cheese, served with a side salad.

Visitor **\$17** Member **\$15**

## **Warm Chicken Salad** *(GF)*

Grilled chicken tenderloins tossed with fresh salad and aioli dressing.

Visitor **\$24** Member **\$22**

## **Salt & Pepper Calamari Salad**

Fried Salt and Pepper calamari tossed with salad and aioli.

Visitor **\$19** Member **\$17**

## **Fish of the Day \***

See our Specials Board for today's fresh catch.

Visitor **\$25** Member **\$23**

## **Southern Ocean Whiting** *(GF option) \**

Grilled or battered served with tartare.

Visitor **\$22** Member **\$20**

## **Seafood Platter**

Lightly battered fish, tempura scallops, calamari rings, prawn skewer &  
kilpatrick oysters served with salad and chips.

Visitor **\$32** Member **\$30**

## **Roast of the Day** *(GF option)*

Refer to today's Specials Board served with vegetables.

Visitor **\$20** Member **\$18**

## **Meatloaf \*** *(GF)*

House made meatloaf, served with gravy.

Visitor **\$18** Member **\$16**

## **Chicken Curry** *(GF)*

Served with steamed rice and vegetables.

Visitor **\$18.50** Member **\$16.50**

## **Vegetable Curry** *(GF, VG)*

Served with steamed rice.

Visitor **\$16.50** Member **\$14.50**

## **Crumbed Lamb Cutlets \***

Served with gravy.

Visitor **\$26** Member **\$24**

**Braised Lamb Shanks (GF)** Visitor **\$30** Member **\$28**  
Served with mash potato and vegetables. **½ Serve** Visitor **\$18** Member **\$16**

**Open Lamb Souvlaki or Chicken Souvlaki (GF option)** Visitor **\$26** Member **\$24**  
A choice of grilled chicken tenderloins or medium rare lamb served with flat bread, tzatziki and salad.

**Chicken Parmigiana \*** Visitor **\$24** Member **\$22**  
Chicken Schnitzel topped with ham, napoli sauce and cheese.

**Chicken Schnitzel \*** Visitor **\$22** Member **\$20**  
Served with a choice of one sauce – gravy, mushroom, garlic butter, red wine or peppercorn.

## FROM THE GRILL

**Bangers & Mash** Visitor **\$20** Member **\$18**  
Served with onion gravy & vegetables.

**Inverbrackie Mixed Grill \*** Visitor **\$27** Member **\$25**  
Crumbed Lamb cutlet, sausage, minute steak, bacon, grilled tomato served with gravy.

**Steak Sandwich** Visitor **\$22.50** Member **\$20.50**  
Minute steak, bacon egg, caramelised onion, lettuce, tomato, relish & cheese serve on turkish bread with chips.

**Beef Burger** Visitor **\$22.50** Member **\$20.50**  
Beef burger, bacon, onion, lettuce, tomato, relish & cheese serve on turkish bread with chips.

**Scotch Fillet (300g) \* (GF option)** Visitor **\$28** Member **\$26**  
Cooked to your liking with your choice of sauce.

**Porterhouse Steak \* (300g) (GF option)** Visitor **\$28** Member **\$26**  
Cooked to your liking with your choice of sauce.

**Beef & Reef \* (300g)** Visitor **\$40** Member **\$36**  
Choice of Scotch or Porterhouse cooked to your liking with a creamy garlic prawn sauce.

**CHOICE OF SAUCE - GRAVY, MUSHROOM, GARLIC BUTTER, RED WINE, PEPPERCORN**

**\* Allow 40 minutes for WELL DONE Steaks**

**(V- Vegetarian, V option – Menu item can be altered to make Vegetarian, VG Vegan, GF – Gluten Free, GF Option – Menu item can be altered to make Gluten Free)**

# FROM THE PAN

## Pasta Bolognaise

Visitor **\$18** Member **\$16**

Choice of spaghetti or penne served with bolognaise sauce and parmesan cheese.

## Pasta Primavera (V, VG)

Visitor **\$18** Member **\$16**

Choice of spaghetti or penne served with , olives, basil and capsicum in napoli sauce.

## Pasta Napoli (V, VG)

Visitor **\$18** Member **\$16**

Choice of spaghetti or penne served with rich napoli sauce with fresh basil.

## Lamb Ragu Pasta

Visitor **\$22** Member **\$20**

Choice of spaghetti or penne served with slow cooked lamb shank ragu.

**ALL ASTERICK MEALS (\*) COME WITH A CHOICE OF SALAD AND CHIPS OR VEGETABLES.  
OTHERWISE SIDES ARE AS STATED ON THE MENU, ALTERATIONS WILL BE CHARGED  
ACCORDINGLY (INCLUDING EXTRA PLATES).**

**We reserve the right to refuse alterations when busy.**

## SIDES

Bread roll	\$0.80
Bowl of chips	\$8.00
Bowl of vegetables	\$6.50
Bowl of salad	\$6.50
Bowl of mashed potato	\$6.50
Bowl of steamed rice	\$3.00
Jug of sauce	\$2.50
Extra plate	\$2.00
Sour cream	\$2.00
Bacon	\$2.00
Egg	\$1.00
Aioli	\$2.00
Lamb Cutlet	\$3.50

## DESSERTS

All desserts are \$5.00 (Visitor) & \$4.50 (Member) are available from the display fridge.  
*Cake and Coffee combo \$7.00 (Visitor) & \$6.50 (Member)*

# SENIOR MEALS

## SMALL SENIOR SERVE \$10

Roast of the day , Banger and Mash, Penne Bolognese & Whiting  
Add Soup/Dessert \$2.50

## 2 COURSE MEAL \$14.50

Soup and Main or  
Main and Dessert

## 3 COURSE MEAL \$16

Main, Soup and Dessert

### SOUP OF THE DAY

Refer to Specials Board

### SENIOR SELECTION

**Southern Ocean Whiting** - Grilled or battered, served with tartare.

**Roast of the Day** - Refer to Specials Board.

**Chicken Schnitzel** - Served with a choice of sauce.

**Whole Baked Potato** - Served with a choice of topping.

**Meatloaf** - Served with gravy.

**Pasta Bolognese** – Spaghetti or penne served with parmesan.

**Pasta Napoli (V)** – Spaghetti or penne served with rich napoli sauce and basil..

**Lamb Shank** – Served with mashed potato

### DESSERT

Choice from our display fridge.

*(Available to Government Seniors card holders only).*

# CHILDREN'S MENU

**Free glass of soft drink with every Children's meal ordered.**

**(Available to children 12 years and under)**

Roast and Vegies	<b>\$8.50</b>
Chicken Nuggets & Chips	<b>\$8.50</b>
Fish & Chips	<b>\$8.50</b>
Sausage & Chips	<b>\$8.50</b>
Penne Bolognese	<b>\$8.50</b>

# WEEKLY SPECIALS

## DAILY - MEMBERS BONUS

**Member Discount on ALL menu items**  
*(Excluding Senior Meals & Kid's Meals ~ Reciprocal rights apply).*

## SUNDAY

### KID EAT FREE NIGHT

Free glass of soft drink and busy nippers bag with every kid's meal ordered.

**Conditions Apply:-**

**One free kid's meal with every main meal  
ordered for children 12 years and under.**

## MONDAY - MEMBERS NIGHT

### \$10 MEMBERS MEALS

*(Available only to holders of current/valid RSL members' cards).*

Chef Selection of Menu items or specials

*(Refer to Specials Board).*

## TUESDAY - PARMA DAY & NIGHT

**MEMBERS \$16**

**NON MEMBERS \$18**

Chicken Schnitzel with a choice of topping

*Served with chips and salad only.*

### **Topping Choices are:**

**Traditional** - Chicken Schnitzel topped with ham, napoli sauce & cheese.

**Bolognaise** - Chicken Schnitzel topped with bolognaise sauce & cheese.

**Aussie** - Chicken Schnitzel topped with bacon, napoli sauce, cheese & egg.

**Hawaiian** - Chicken Schnitzel topped with ham, napoli sauce, cheese & pineapple.

**Mexican** - Chicken Schnitzel topped with napoli sauce, capsicum, cheese & chilli.

## WEDNESDAY - STEAK DAY & NIGHT

**MEMBERS \$18**

**NON MEMBERS \$20**

***Choice of Steak***

**Porterhouse or Scotch Fillet**

*Cooked to your liking and served with a choice of sauce with chips and salad only.*